From Good to Great – insights, learnings and a change of perspective on patient involvement at Karolinska University Hospital

Anna Blommengren, Business Developer, Karolinska University Hospital  
Eskil Degsell, Patient and informal caregiver Representative at Brain tumour Pathway at Karolinska University Hospital, Associated with Regional Cancer Center Stockholm-Gotland and Co-investigator at Co-care reseach program and participates in the in the project Patients in the Driver’s Seat!, MMC, LiME, Karolinska Institutet
The new Karolinska operating model based on patient pathways was implemented in 2015.
A key component is the pathway management team with broad representation from interdisciplinary/professional team

Example: Brain tumour pathway

- How can we improve the care for the patient group?
- How can we make use of q-register? How are we doing compared to other hospitals?
- How do we define success for our patients?
- Are the outcomes we measure the most relevant to patients?
- What treatments are most effective? How can we best support the work of the flow?
- What is the cost per patient? How has it changed? Over time?
- Which method is suitable for improvement?

What treatments provide the most value for the patient? How can we improve our work?

What is important clinical areas to research? What do the latest findings say us?
We started good....
Patients preferences and how can we create flexibility in an inflexible system

Informal Caregivers are important both to patients but also to healthcare providers

Peer to Peer and communities

Patient Reported Outcomes in clinical routine

Lived experience in clinical routine and patients and next of kin life

More relevant studies

Better collaboration with social care

Support to selfcare

Better collaboration with wellness sector

…and turned out Great
Insights and learnings

- Keep patients' perspective intact

- Keep in mind there is a difference between patients' and informal caregivers' perspective – both matters

- Priority, Mandate, Participation and Responsibility

- Good and great are working together – that’s the greatest
Questions?

anna.blommengren@sll.se
eskil.degsell@sll.se